



FALL 2010

## Message From Our President Rosemary Thackeray



Welcome to the 2010-2011 academic year! We are looking forward to working together to support one another in our roles here at BYU. Our theme this year will continue from last year, as articulated so well by Rae Jeanne Memmott, FWA past president: creating a "sense of a community among faculty women who support one another."

Please join us for our first **Faculty Women's Association meeting**, co-sponsored by the **BYU Faculty Center** on Tuesday **October 12, 2010** at **12:00 noon**. Our guest speaker will be **Renata Forste**, Professor and Department Chair Sociology; Coordinator Women's Studies. Lunch will be provided. We will meet in the Wilkinson Center room 3220/3222. You won't want to miss this event! Be sure to RSVP!

In addition to holding meetings where we can learn, share, and develop skills, we are also looking to create a system for collecting and sharing information about faculty women's research interests. We hope that this will provide an opportunity for more collaboration and enhanced networking across campus.

If you have any suggestions for Faculty Women's Association, please feel free to email me at [rosemary\\_thackeray@byu.edu](mailto:rosemary_thackeray@byu.edu). We look forward to seeing you on October 12<sup>th</sup>.

### FWA OFFICERS 2010 - 2011

**President:** Rosemary Thackeray

**Past-President:** Rae Jeanne Memmott

**President-Elect:** Connie Lamb

**Secretary:** Denise Halverson

**Treasurer:** Ana Birkhead

**Historian:** Barbara Smith

**Publications Editor:** Tina Dyches

**Communications Coordinator:**

Jane Birch

## 2010 Theme: Sisterhood

This year we have been focusing on increasing our sense of sisterhood as faculty women. We hope you were uplifted and edified at our last Fall meeting, and that you have enjoyed some of the other activities designed to strengthen our sisterhood. This year we have seen FWA members reach out to new colleagues in and out of their departments, connect with other faculty at FWA meetings, make new friends, and enjoy entertainment together. We hope the connections you have made this year with others will be a source of strength to you both professionally and personally.

“Regardless of your present circumstances, you devoted women in this great sisterhood throughout the world are, in your unique way, performing a remarkable service in helping to establish and strengthen the Church.” (M. Russell Ballard, *Be an Example of the Believers*, *Ensign*, November, 1991).

## FWA “Just Show Up” Activities

This past fall we initiated the FWA “Just Show Up” activities, designed to facilitate social connection among BYU faculty women. These activities should not require much preparation or effort, but should be an easy way for FWA members to connect. We know of a few activities in which FWA members gathered, and likely many other activities were held without our knowledge. Several FWA members attended the Shanghai Circus together, enjoyed going to lunch with each other, attending devotionals and forums, and some even went skiing together. The following groups have been established:

- BYU Academic Events** (e.g., devotional, forums, lectures)
- BYU/Community Performing Arts** (e.g., dance, theater, concerts)
- Museum Exhibits** (e.g., MOA, HBL, JFSB, Covey Center, Art City Museum)
- BYU Athletic Events** (e.g., women's basketball, soccer, baseball, football)
- On/Off Campus Dining** (e.g., breakfast, lunch, dinner, ice cream)
- Swap Babysitting or Play Dates** (e.g., I watch your kids for you one night, and you watch mine another night; get children together to play )
- Double/Group Dates** (any kind of activity)
- Outdoor Athletic Activities** (e.g., hiking, walking, biking, skiing, Frisbee, tennis)
- Indoor Athletic Activities** (e.g., racquetball, basketball, weight lifting, bowling during lunch break)
- Movies/Videos/TV shows**
- Game Night** (e.g., board games, group games)
- Book Share** (e.g., get together to share a book you've read or want to recommend)
- Temple Service**
- Cooking & Recipe Sharing**

If you would like to be included on an email list for any of these activities, or if you would like to suggest a new group, please contact Tina Dyches at [tina\\_dyches@byu.edu](mailto:tina_dyches@byu.edu) or 422-5045.

## FWA Winter Activities

In February, Barbara Lockhart and Lee Robinson shared their insights regarding how to be successful in the rank and advancement process. FWA members had time to ask questions and discuss their personal circumstances with others. While we shared strategies for success, we enjoyed pizza and each other's company.



For our annual retreat this year had a lecture/luncheon. Jeff Hill spoke to us about "Work-Life Harmony: Finding Peace in a Busy Life." He emphasized 7 points:

1. Choose to create energy
2. Choose to seize quality time
3. Bundle: Do two or more things together in harmony
4. Choose to focus: One thing at a time
5. Take care of yourself: Eat, sleep, and be merry
6. Choose to work flexibly
7. Simplify your life

## Message From Our Past President Rae Jeanne Memmott

At the end of the past academic year, I thought back to the FWA luncheon meeting held last fall. My hope is that we as a board have been somewhat successful in promoting solidarity and a sense of community through emphasizing sisterhood and providing a structure for you to more easily connect with each other.

I encourage everyone to continue to promote that solidarity. You have much to give to each other. At board meetings and our regular FWA meetings, I am continually impressed with the intelligence and goodness of the faculty women of BYU. So many of you are willing to give of your expertise and time to be of assistance to others. Without question you add to the climate for learning and the quality of the education found at BYU. It has been my pleasure and privilege to serve as your president during this past year.

## FWA Winter Activities

In March, FWA members enjoyed lunch while Dorothy Allred Solomon spoke to us about becoming women of influence. Dorothy is a writer, public speaker, and life coach who grew up in a polygamous family. She learned from her father that "Happiness is a do-it-yourself project." She also learned that women can lead peaceably as servant leaders. As women serve the purposes of the Lord, they serve the world. "When we do good, we feel good about ourselves."

Sister Solomon encouraged us to strengthen our voice as Mormon women leaders. "You can do and say things that no one else can. I urge you to strengthen your voice and to speak loudly and clearly about what you care about." She told us that our sons, husbands, and grandsons need to hear our voices, as do our daughters and granddaughters.

One way to have our voices heard is to keep a journal – for the sake of today as well as for our posterity. Keeping a journal can help us find ideas, initiate the process of repentance, feel empathy/compassion, seek forgiveness, record prayers, record the hand of God in our lives, interpret our dreams, and can be used as a self-check to keep us honest.

Dorothy led us through an exercise to help us take healthy risks and look honestly in our minds and hearts.

1. Think of someone in your life who drives you nuts or who you go out of your way to avoid. Has this person violated or betrayed you?
2. Tell your experience from your point of view – write all of your feelings on the page.
3. Write of the incident from the other person's point of view – see through their eyes to gain insight.
4. Write the incident from God's point of view and see how the patterns unfold and what lessons are to be learned.
5. Write a letter of forgiveness to yourself, God, and the other person. Decide how to deal with the issue.
6. Notice how clean you feel and write in your journal to reinforce your positive feelings.

## Thanks to our 2009-2010 FWA Officers!

**President:** Rae Jeanne Memmott  
**Past-President:** Bonnie Anderson  
**President-Elect:** Rosemary Thackeray  
**Secretary:** Denise Halverson  
**Treasurer:** Barbara Smith  
**Historian:** Suzanne Julian  
**Archivist:** Connie Lamb  
**Publications Editor:** Tina Dyches  
**Communications Coordinator:** Jane Birch

**Leadership Committee Chair:** Patti Freeman  
**Advancement & Promotion Chair:** Shirley Cox  
**Professional Faculty Issues Chair:** Lee Robinson  
**Part-Time Faculty Issues Chair:** Sherrie Mills Johnson  
**Family Issues Chair:** Lynne Nielsen

## New 2010-2011 FWA Officers

We would like to express our sincere appreciation to the board members who have served our organization so diligently this past year, especially our outgoing president, Rae Jeanne Memmott. New officers were announced at our Spring FWA luncheon and we are excited to have them join the board and help fulfill the purpose of the Faculty Women's Association. Our new board members are:



### Connie Lamb—President-Elect

Connie works in the Social Sciences Department in the Harold B. Lee Library, where she is a senior librarian. Her duties are to assist patrons with research, teach library skills, and select books and other resources. Her subject specialties are Anthropology, Middle East Studies and Women's Studies. Amazingly, she has worked at BYU for 30 years! Connie enjoys gardening, reading, traveling, and listening to ballgames. She loves sports and animals (she has 2 dogs and 1 cat). She also serves as the Librarian for the Jerusalem Center.

### Ana Birkhead—Treasurer



Ana works in the College of Nursing, where she is an assistant professor. She teaches a research course, and maternal child health and women's health courses. Ana is involved in research activities that involve women's health concerns and she has a special interest in Hispanic populations. Ana has been at BYU for six years. She likes to hike, read, ride motorcycles and go to the island of Kauai on vacation. When asked what is interesting about her she said, "I love to Zumba and dance to Latin music! It is hard for me to stand still if Latin music is playing in the background!"

### Barbara Smith—Historian



Barbara works in the Counseling Psychology and Special Education Department, teaching, coordinating interns and student teachers, and supervising teacher candidates in the schools.

She has worked in the department full time for the past eight years. In her spare time she likes skiing, camping, fishing, gardening, reading, learning, and sports.

## Faculty Women's Association Awards



### Scholarship Award 2010

#### Dr. Betty Y. Ashbaker

Betty Ashbaker is an Associate Professor in the Department of Counseling Psychology and Special Education. Since coming to BYU 11 years ago, she has written 8 books, published 34 refereed articles, and developed 9 training programs. Further, she has given 73 international or national presentations and 50 regional or state presentations. Her record of scholarship is incredible; however, this is not her sole responsibility at BYU. She teaches several classes, supervises student teachers and interns, mentors graduate students, and serves on many university, college, and department committees. Her scholarship truly is remarkable in light of the other responsibilities she fulfills with full commitment.

Dr. Ashbaker is an international expert in the field of school paraprofessionals. Her most recent book published earlier this year, *Assisting with Early Literacy: A Manual for Paraprofessionals*, is a valuable resource for paraeducators who are often assigned to tutor and instruct students in learning to read and write. She also specializes in research and programs for Latino students. She is an integral part of the Latinos in Action group, which seeks to empower youth through culture, service, and education. This group also provides insight for high school students regarding the potential of a career in education—either as a paraeducator, or as a teacher.

Dr. Ashbaker is a collaborative researcher with a strong focus: improving education by empowering paraprofessionals and Latino students. Her work has made a profound impact not only in the U.S, but in many nations throughout the world. Her scholarly work exemplifies the values held by the Faculty Women's Association, and she can be looked to by other members as one who effectively balances all of her scholarly, teaching, and citizenship responsibilities.

## Creative Work Award 2010

### Dr. Betsy Hopkins

Betsy Hopkins is the Nursing and Physiology Librarian at the Harold B. Lee Library. In commemoration of the 100th anniversary of the death of Florence Nightingale, Betsy worked with a multidisciplinary team as co-curator of a yearlong Nightingale exhibit. As co-curator, she participated in selecting items to display from the library's Nightingale artifacts, writing captions for the panels in the exhibit, and writing the gallery guide. She also worked on the design team in coordinating tasks and creating a welcoming exhibit that gives visitors an accurate and engaging picture of Nightingale's contributions to the world.



As is her usual style, Betsy went the extra mile on the Nightingale project. She studied voraciously and became extremely knowledgeable about the life and contributions of Nightingale. When project team members had questions, "Ask Betsy" was often the answer. Her talk in the Omnibus Lecture Series titled, "Who was Florence Nightingale?" was very well attended and truly exceptional.

Betsy's dedication, professionalism, leadership, and her ability to bring people together were valuable assets to the Nightingale team. We are blessed to have her on our faculty.



## Citizenship Award 2010

### Dr. Bonnie Ballif-Spanvill

Dr. Bonnie Ballif-Spanvill is a professor of psychology and director of the Women's Research Institute at Brigham Young University. After twenty-five years as a professor and department chair in the graduate school of Fordham University at Lincoln Center in New York City, she returned to her alma mater in 1994. Her research publications and papers in human motivation and emotion earned her Fellow status in both the American Psychological Association in 1984 and the Association for Psychological Science in 1987. Currently, she is studying the ramifications of violence and development of peace in women and men across ages and in different circumstances and cultures worldwide.

Dr. Ballif-Spanvill's recent publications address intergenerational domestic violence, the impact of witnessing violence, and the design of techniques to increase peacefulness. She also published a global anthology of poetry by women, revealing their experiences with violence and their resilient visions of peace.

With regard to the Women's Research Institute, the following was said about Bonnie, "Calm, elegant, wise, generous, of a judicious temperament, with a strong testimony in the gospel, secure in her excellent academic background from Fordham U, not beholden to any BYU interest groups, Bonnie accepted the position at professional sacrifice. In retrospect, Bonnie's wisdom, hard work, and serene demeanor no doubt extended the life of the Institute by at least five years."

## Teaching Award 2010

### Dr. Marie Tuttle

You might have seen Marie Tuttle whizzing by in her sports car on her way to a game of golf. She knows how to keep fun in her life. Marie is known by her associates for her quick sense of humor, her love of the youth of the church, her ability to encourage and energize others to accomplish goals, and her dedication to wearing comfortable shoes. She is valued as a team member who adds perspective, insight, and clarity, and decreases stress. In university classrooms, administrative offices, and public schools, she has positively influenced hundreds of teacher candidates in the McKay School of Education.



As Associate Dean she balances varied responsibilities as a consummate professional. She meets administrative challenges with optimism and tact. As leader/organizer for a critical accreditation review, she coordinated systemic changes and documentation involving 26 BYU departments. Dr. Tuttle also teaches courses, supervises student teachers, and handles student petitions and complaints. Students on all levels are grateful for her fair and respectful treatment. Fairness also characterizes her frequent collaboration with cross-campus faculty and public school educators, strengthening education on all levels.

## FWA Members' Recent Publications

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## FWA Membership Application and Dues

### FWA MISSION STATEMENT

*The BYU Faculty Women's Association seeks to speak with a unified voice to address common concerns of BYU women faculty; provide women opportunities to expand professional networks; help women faculty find mentors and advance their careers; offer stimulating programs with speakers, discussions, and other activities of usefulness for women on campus; apprise women of their professional opportunities; nominate women for all levels of university awards; publicize and celebrate women's accomplishments; and provide opportunities for socializing and forming friendship across campus.*

### MEMBERSHIP APPLICATION AND DUES

DUES: \$10.00 PER ACADEMIC YEAR  
\$30.00 FOR 3 YEARS

Please detach and send with check or cash to: Barbara Smith  
340R MCKB  
BYU

YOUR NAME \_\_\_\_\_

DEPARTMENT \_\_\_\_\_

CAMPUS  
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CAMPUS  
EXTENSION \_\_\_\_\_ EMAIL \_\_\_\_\_

EMPLOYMENT STATUS-PLEASE CIRCLE ONE:

FT-FACULTY      PT-FACULTY      ADMINISTRATIVE STAFF      OTHER \_\_\_\_\_

EMAIL \_\_\_\_\_

Please circle any of the areas below if you are interested in serving on one of the following committees:

ADVANCEMENT                                      LEADERSHIP                                      AWARDS  
PROFESSIONAL FACULTY                                      PART-TIME FACULTY